

MEMBERSHIP FORM



Name:	D.O.B:
Address:	
Phone:	Email:
Emergency Contact:	
Emergency Contact Number:	

£17.99	GYM	£30.00	GYM & CLASSES	£25.00	ONE TO ONE
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MEMBERSHIP

Members agree to pay monthly or pay as you go £5 per session. These payments maybe paid by standing order or cash pay as you go.

All payments to be made to: NatWest.		Date of membership:
Account: 47204303	Sort: 60-13-15	Mem /no:

This gym membership maybe cancelled by providing written notice to ABS. ABS require one months notice.

Coaching is also offered by the gym at an additional cost.

PLEASE NOTE BY SIGNING

ABS policy The members shall not consume drugs, alcohol, or Tabaco on ABS property.

ABS will not tolerate bad language or abuse to staff.

Please return the weights, dumbbell's or plates to the correct area. .when you are finished with them.

ABS reserves the right to revoke the members access if these terms are violated.

The member accepts that they are fully able to participate in an exercise regimen of their own design or choosing without undue risk.

This gym membership serves as a liability release, pursuant to which the member agrees to the indemnity and hold ABS harmless against any and all claims of loss or damage without limitation

PLEASE SIGN:	DATE:
IF UNDER 16 - PARENT/GUARDIAN SIGN:	